

Complete description of one cycle of the pattern (here: y you follow me).

in	1	2	3	4	5	6	out	relabelled
A	pB s	s s	pB s	s s	pB s	s s	A	A
B	pC s	s s	pC s	s s	pC s	s s	B	B
C	pD s	s s	pD s	s s	pD s	s s	C	C
D	pA s	s s	pA s	s s	pA s	s s	D	D
M1	cD	-	sBA	iAA	cA	-	M1	M2
M2	sBC	iCC	cD	iCD	cB	iBB	M2	M1

How to use the sheet:

Follow your color and read on your way through the pattern, what your role is at any count and what you do at that moment.

At the end of the cycle some of the jugglers are relabeled (see last 2 columns).

Check your new role: Jump to column 1 and follow your new role.

For example, A becomes M1 after 4 beats, is being relabeled to m2 at the end of the cycle and reads from the purple line in the 2nd cycle.

Turntable for the pattern:

\ cycle who	1	2	3	4	5	6
A	A	M2	C	D	B	M1
B	B	M1	A	M2	C	D
C	C	D	B	M1	A	M2
D	D	B	M1	A	M2	C
M1	M1	A	M2	C	D	B
M2	M2	C	D	B	M1	A